

**K to12 BASIC EDUCATION CURRICULUM
 JUNIOR HIGH SCHOOL TECHNOLOGY AND LIVELIHOOD EDUCATION AND SENIOR HIGH SCHOOL TECHNICAL-VOCATIONAL LIVELIHOOD TRACK
 HOME ECONOMICS – BEAUTY/NAIL CARE**

These are the list of specializations and their pre-requisites.

	Specialization	Number of Hours	Pre-requisite
1.	Animal Production (NC II)	480 hours	
2.	Aquaculture (NC II)	640 hours	
3.	Artificial Insemination (Ruminants) (NC II)	160 hours	Animal Production
4.	Artificial Insemination (Swine) (NC II)	160 hours	Animal Production
5.	Crop Production (NC I)	320 hours	
6.	Fish Wharf Operation (NC I)	160 hours	Fish or Shrimp Grow Out Operation
7.	Food (Fish) Processing (NC II)	640 hours	
8.	Horticulture (NC II)	640 hours	
9.	Landscape Installation and Maintenance (NC II)	320 hours	Crop Production
10.	Organic Agriculture (NC II)	320 hours	Crop Production
11.	Pest Management (NC II)	320 hours	Crop Production
12.	Rice Machinery Operation (NC II)	320 hours	Crop Production
13.	Slaughtering Operation (NC II)	160 hours	Animal Production
1.	Beauty/Nail Care (NC II)	160 hours	40 hours of the subject during exploratory Grade 7/8
2.	Attractions and Theme Parks (NC II)	160 hours	
3.	Bread and Pastry Production (NC II)	160 hours	
4.	Caregiving (NC II)	640 hours	40 hours of the subject during exploratory Grade 7/8
5.	Cookery (NC II)	320 hours	40 hours of the subject during exploratory Grade 7/8
6.	Dressmaking (NC II)	320 hours	
7.	Food and Beverage Services (NC II)	160 hours	
8.	Front Office Services (NC II)	160 hours	40 hours of the subject during exploratory Grade 7/8
9.	Hairdressing (NC II)	320 hours	
10.	Handicraft (Basketry, Macrame) (Non-NC)	160 hours	
11.	Handicraft (Fashion Accessories, Paper Craft) (Non-NC)	160 hours	
12.	Handicraft (Needlecraft) (Non-NC)	160 hours	
13.	Handicraft (Woodcraft, Leathercraft) (Non-NC)	160 hours	
14.	Housekeeping (NC II)	160 hours	
15.	Local Guiding Services (NC II)	160 hours	
16.	Tailoring (NC II)	320 hours	40 hours of the subject during exploratory Grade 7/8
17.	Tourism Promotion Services (NC II)	160 hours	
18.	Travel Services (NC II)	160 hours	
19.	Wellness Massage (NC II)	160 hours	

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	Specialization	Number of Hours	Pre-requisite
1.	Computer Hardware Servicing (NC II)	320 hours	
2.	Animation (NC II)	320 hours	
3.	Computer Programming (NC IV)	320 hours	
4.	Contact Center Services (NC II)	320 hours	
5.	Illustration (NC II)	320 hours	
6.	Medical Transcription (NC II)	320 hours	
7.	Technical Drafting (NC II)	320 hours	
	ICT		
1.	Automotive Servicing (NC I)	640 hours	
2.	Carpentry (NC II)	640 hours	
3.	Consumer Electronics Servicing (NC II)	640 hours	
4.	Domestic Refrigeration and Airconditioning Servicing (NC II)	640 hours	
5.	Electrical Installation and Maintenance (NC II)	640 hours	
6.	Masonry (NC II)	320 hours	
7.	Plumbing (NC I)	320 hours	
8.	Plumbing (NC II)	320 hours	Plumbing (NC I)
9.	Shielded Metal Arc Welding (NC I)	320 hours	
10.	Shielded Metal Arc Welding (NC II)	320 hours	Shielded Metal Arc Welding (NC I)
11.	Tile Setting (NC II)	320 hours	
	INDUSTRIAL ARTS		

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HOME ECONOMICS – BEAUTY/NAIL CARE
Grade 7/8 (Exploratory)

Course Description: This curriculum guide is an exploratory course in **Beauty Care (Nail Care) Services** which leads to National Certificate Level II (NC II). It covers four common competencies that a Grade 7/8 Technology and Livelihood Education (TLE) student ought to possess, namely: 1) use of tools and equipment; 2) interpreting nail design; 3) practicing Occupational Health and Safety Procedures (OHSP); and 4) maintain tools, equipment and paraphernalia. The preliminaries of this exploratory course include the following: 1) discussion on the relevance of the course; 2) explanation of the key concepts relative to the course and; 3) exploration on career opportunities.

CONTENT	CONTENT STANDARD	PERFORMANCE STANDARD	LEARNING COMPETENCIES	CODE
Introduction 1. Basic concepts in Beauty Care (Nail Care) Services 2. Relevance of the course 3. Career opportunities	The learner demonstrates understanding of basic concepts and principles in Beauty Care (Nail Care) Services.	The learner independently demonstrates common competencies in Beauty Care (Nail Care) Services as prescribed in the TESDA Training Regulation.	1. Explain basic concepts in Beauty Care (Nail Care) Services 2. Discuss the relevance of the course 3. Explore on opportunities for Beauty Care (Nail Care) Services as a career	
PERSONAL ENTREPRENEURIAL COMPETENCIES - PECS				
1. Assessment of Personal Entrepreneurial Competencies and Skills (PECs) vis-à-vis a practicing entrepreneur 1.1 Characteristics 1.2 Attributes 1.3 Lifestyle 1.4 Skills 1.5 Traits 2. Analysis of PECs in relation to a practitioner	The learner demonstrates understanding of one's PECs.	The learner recognizes his/her PECs and compares with that of a practitioner/entrepreneur in Beauty Care (Nail Care) Services.	LO 1. Recognize PECs needed in Beauty Care (Nail Care) Services 1.1 Assess one's PECs: characteristics, attributes, lifestyle, skills, and traits 1.2 Compare one's PECs with that of a practitioner/entrepreneur	TLE_PECs7/8-00-1
ENVIRONMENT AND MARKET (EM)				
1. SWOT Analysis 1.1 Key concepts on environment & market 1.2 Differentiation of products, services, customers and their buying habits 1.3 Competitors in the market	The learner demonstrates understanding of the environment and market in Beauty Care (Nail Care) Services.	The learner independently creates a business idea based on the analysis of environment and market in Beauty Care (Nail Care) Services.	LO 1. Generate a business idea that relates with a career choice in Beauty Care (Nail Care) Services 1.1 Discuss SWOT analysis 1.2 Generate a business idea based on the SWOT analysis	TLE_EM7/8-00-1

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CONTENT	CONTENT STANDARD	PERFORMANCE STANDARD	LEARNING COMPETENCIES	CODE
LESSON 1:USE OF NAIL CARE TOOLS AND EQUIPMENT (UT)				
<ol style="list-style-type: none"> 1. Nail Care tools and equipment 2. Functions of Nail Care tools and equipment 	The learner demonstrates understanding of the use of tools and equipment in Nail Care Services.	The learner independently uses nail care tools and equipment in Nail Care Servicing.	LO 1. Prepare the necessary tools and equipment for the specific nail care activity 1.1 Classify the tools and equipment used in nail care 1.2 Identify the uses of tools and equipment in nail care according to task requirements 1.3 Use tools and equipment according to task requirement 1.4 Observe safety procedure of using tools and equipment	TLE_HEBC7/8UT-0a-b-1
LESSON 2: MAINTAIN TOOLS AND EQUIPMENT (MT)				
<ol style="list-style-type: none"> 1. Procedure for sterilization and sanitation of Nail Care tools and equipment 2. Classification of functional and non-functional tools and equipment 	The learner demonstrates understanding in maintaining tools and equipment in Nail Care Services.	The learner independently maintains tools and equipment in Nail Care Servicing.	LO 1. Check condition of nail care tools and equipment 1.1 Sterilize/sanitize nail care tools 1.2 Classify non-functional tools and equipment	TLE_HEBC7/8MT-0c-2
<ol style="list-style-type: none"> 3. Cleaning agents 4. Preventive maintenance technique and procedure 			LO 2. Perform basic preventive and corrective maintenance 2.1 Clean tools according to standard procedures 2.2 Inspected defective tools and equipment	TLE_HEBC7/8MT-0d-e-3
<ol style="list-style-type: none"> 5. Inventory of tools and equipment 6. Safekeeping of tools and equipment 			LO 3. Store nail care tools and equipment 3.1 Conduct the inventory of tools, and equipment 3.2 Store tools and equipment safely	TLE_HEBC7/8MT-0f-h-4
LESSON 3: PRACTICE OCCUPATIONAL HEALTH AND SAFETY PROCEDURES (OS)				
<ol style="list-style-type: none"> 1. Protective outfit for Nail Care 2. OHS workplace regulations 3. Hazards and risks in beauty salons 4. Common workplace hazards and preventive measures 	The learner demonstrates understanding in practicing occupational health and safety procedure in Nail Care Services.	The learner consistently practices occupational health and safety procedure in Nail Care Servicing.	LO 1. Keep workplace clean 1.1 Identify protective outfit for nail care 1.2 Identify hazards and risks 1.3 Explain workplace hazards and risks 1.4 Observe preventive precaution in	TLE_HEBC7/8MT-0i-5

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CONTENT	CONTENT STANDARD	PERFORMANCE STANDARD	LEARNING COMPETENCIES	CODE
			the workplace	
LESSON 4: PRACTICE NAIL SHAPE (PN)				
1. Structures of Nail 2. Procedures in shaping nails	The learner demonstrates understanding in nail shapes in Nail Care Services.	The learner independently practice nail shapes in Nail Care Services.	LO 1. Identify nail structure and shapes 1.1 Identify nail structure and shapes 1.2 Perform nail trimmings to varied shapes	TLE_HEBC7/8MT-0j-6

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HOME ECONOMICS – BEAUTY/NAIL CARE
(160 hours)

Course Description:

Beauty Care, one of the specialization courses offered in TLE, leads to TESDA qualification standard for National Certificate Level II (NC II). This covers the development of the learner’s knowledge, skills and attitude required in performing: 1) hand spa; 2) foot spa and; 3) manicure and pedicure.

CONTENT	CONTENT STANDARD	PERFORMANCE STANDARD	LEARNING COMPETENCIES	CODE
Introduction 1. Core concepts and principles of Beauty Care (Nail Care) Services 2. Relevant topics of the course 3. Employment opportunities 4. Business opportunities 5. Further studies	The learner demonstrates understanding of concepts and principles in beauty care (nail care) services.	The learner independently performs beauty care (nail care) services.	1. Explain the core concepts and principles of manicure and pedicure, hand spa, and foot spa 2. Discuss topics which relate to beauty care services as a course 3. Explore job/entrepreneurial opportunities for beauty care services 4. Choose related courses to pursue	
CONCEPT REVIEW				
PERSONAL ENTREPRENEURIAL COMPETENCIES - PECs (PC)				
1. Dimensions of Personal Entrepreneurial Competencies 1.1 Three Clusters of PECs (Achievement, Planning, Power Clusters) 1.2 Characteristics 2. Assessment of Personal Competencies and Skills (PECs)	The learner comprehends Personal Entrepreneurial Competencies – its dimensions and characteristics.	The learner recommends specific strategies to improve ‘weak’ areas and sustain ‘strong’ areas of their PECs.	LO 1. Assess Personal Entrepreneurial Competencies 1.1 Explain dimensions/clusters of PECs and the different characteristic traits per cluster 1.2 Evaluate one’s PECs	TLE_PECs9-12-IO-1
BUSINESS ENVIRONMENT AND MARKET (EM)				
1. Factors included in the Business Environment 2. Spotting and Identifying Business Opportunities	The learner demonstrates understanding of the different factors that influence the business environment	1. The learner analyzes how factor influence the business environment. 2. The learner relates experience in generating business ideas or identifying business opportunities.	LO 2. Understand the business environment and business ideas 2.1 Explain how different factors influence the business environment 2.2 Explain procedures for generating business ideas or identifying business opportunities 2.3 Generate business ideas and	TLE_EM9-12-IO-2

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CONTENT	CONTENT STANDARD	PERFORMANCE STANDARD	LEARNING COMPETENCIES	CODE
			identify business opportunities	
QUARTER 1				
LESSON 1: PERFORM HAND AND FOOT SPA (HS)				
<ol style="list-style-type: none"> 1. Nail structure and conditions 2. Nail diseases and disorders 3. Benefits of spa treatment 4. Types of spa treatment 5. Hand/foot spa machine, tools, supplies and equipment 6. Care of foot spa machine, tools, supplies and equipment 7. Steps in giving hand/foot spa treatment 8. Pre-hand spa treatment 9. Hand spa treatment 			<p>LO1. Apply hand treatment</p> <ol style="list-style-type: none"> 1.1 Check and analyze condition of clients hand 1.2 Wash client’s hand with lukewarm water and soap, and towel-dry before and after scrubbing 1.3 Prepare and use necessary tools and supplies/materials according to OHSC requirements 1.4 Determine and test appropriate temperature for heat tolerance of client 1.5 Soak hands for 4 seconds for 3 consecutive times in wax and wrap with plastic gloves and mittens 1.6 Remove wax from hands according to manufacturer’s instructions 1.7 Apply hand softening product and massage according to prescribed procedure 1.8 Advise client after service on maintenance program 1.9 Confirm and record client’s desired service outcome 	TLE_HEBC9-12HS-Ia-g-1
<ol style="list-style-type: none"> 10. Post hand spa activity <ol style="list-style-type: none"> 10.1 storing and sanitation techniques 10.2 service maintenance program 10.3 good housekeeping 11. Proper waste disposal 	The learner demonstrates understanding of concepts and principles in hand spa.	The learner independently performs hand spa.	<p>LO2. Perform post hand activity</p> <ol style="list-style-type: none"> 2.1 Dispose waste products including used wax according to OHSC and Department of Health requirements. 2.2 Sanitize and store tools and equipment. 2.3 Clean and sanitize work station for the next treatment activity 	TLE_HEBC9-12HS-Ih-j-2

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CONTENT	CONTENT STANDARD	PERFORMANCE STANDARD	LEARNING COMPETENCIES	CODE
LESSON 2: PERFORM FOOT SPA (FS)				
1. Foot spa procedures 2. Client safety and comfort 1.3 foot and nail analysis 1.4 client relation 2. Foot spa machine, tools, supplies and equipment 3. Basic foot massage techniques 4. Pre-foot spa treatment 5. Foot spa treatment	The learner demonstrates understanding of concepts and principles in foot spa.	The learner independently performs foot spa.	LO1. Apply foot spa 1.1 Check and analyze condition of foot nails 1.2 Ensure client’s safety and comfort prior to foot spa activity 1.3 Wash feet with warm water and soap before and after scrubbing 1.4 Towel dry feet and apply with appropriate lotion 1.5 Set foot spa machine to regulate heat and achieve required melting of wax 1.6 Prepare and use necessary tools and supplies/materials according to OHSC requirements 1.7 Determine and test appropriate temperature for heat tolerance of client 1.8 Soak foot for 4 seconds for 3 consecutive times in wax and wrap with plastic gloves and mittens 1.9 Remove wax from foot according to manufacturer’s instructions 1.10 Apply foot softening product and massage according to prescribed procedure 1.11 Advise client after service on maintenance program 1.12 Confirm with client desired service outcome and to be recorded	TLE_HEBC9-12FS-IIa-g-3
6. Post foot spa activity 6.1 storing and sanitation techniques 6.2 service maintenance			LO2. Perform post foot spa activity 2.1 Dispose waste products including used wax according to OHSC and	TLE_HEBC9-12FS-IIh-j-4

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CONTENT	CONTENT STANDARD	PERFORMANCE STANDARD	LEARNING COMPETENCIES	CODE
program 6.3 good housekeeping			Department of Health requirements. 2.2 Sanitize and store tools and equipment. 2.3 Close and sanitize work station for the next treatment activity.	
QUARTER 2 and 3				
LESSON 3: PERFORM MANICURE AND PEDICURE (PMP)				
1. Procedures of basic manicure and pedicure services. 1.1 Nail structure 1.2 Nail diseases and disorders 1.3 Nail shapes 1.4 Safety precautions and sanitation procedures 1.5 Procedure in cleaning nails 2. Application of basic nail designs 2.1 Safety precautions 2.2 Applying different 2.2.1 creative nail designs 2.2.2 Plain 2.2.3 Half –moon 2.2.4 French Tip 2.2.5 Half-moon with tip 2.2.6 Elephant Tusk	The learner demonstrates understanding of concepts, principle and techniques in manicure and pedicure services.	The learner independently performs manicure and pedicure services.	LO1. Clean finger nails and toe nails 1.1 Consult client on desired nail service activity and specific requirements and consultation record is agreed and signed 1.2 Checked and analyzed clients’ hand nail structure and condition 1.3 Client is provided with protective materials for hygiene purposes 1.4 Recognize nail disorder for prepare nail repair 1.5 Select and prepare appropriate sanitized tools and equipment, supplies and materials are according to salon procedures 1.6 Disinfect, sanitize, clean and dry hands and feet 1.7 Clean nails in accordance with the established or acceptable procedures 1.8 Trim and file nails based on client’s desired shape. 1.9 Massage fingers following prescribed movements 1.10 Ensure client’s safety and comfort is during the entire process. 1.11 Apply first-aid in case of accidental cuts and wounds	TLE_HEBC9-12PMP-III/IVa-r-5

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CONTENT	CONTENT STANDARD	PERFORMANCE STANDARD	LEARNING COMPETENCIES	CODE
			<p>LO 2. Perform basic nail designs</p> <p>2.1 Select color of the nail polish according to customer’s requirements</p> <p>2.2 Apply base coat with long strokes starting with the little finger</p> <p>2.3 Select color of the nail polish as agreed according to customer’s desire or requirements</p> <p>2.4 Apply nail polish from the base to the edge of the nail using light sweeping stroked around the cuticle</p> <p>2.5 Apply top or seal coat with long strokes in the same manner as the base coat</p> <p>2.6 Check and analyze outcome according to the clients nail service requirements.</p> <p>2.7 Remove excess polish around the cuticle and nail using appropriate tool</p> <p>2.8 Clean working area according to salon’s policies and procedures</p> <p>2.9 Advise client on nail maintenance practices</p>	<p>TLE_HEBC9-12PMP-III/IVa-r-6</p>
<p>QUARTER 4 Lesson 3. CREATE FANCY NAIL DESIGNS</p>				
<p>1. Application of Fancy designs on finger nails and toenails</p> <p>1.1 Types of Fancy nail designs</p> <p>Free- hand nail art</p> <ul style="list-style-type: none"> • Use of nail art stickers • Use of nail art stamping • Use of nail 			<p>LO 1. Perform different fancy designs on finger nails and toe nails</p> <p>1.1 Prepare nails for cleaning</p> <p>1.2 Apply nail products according to manufacturer’s recommendation</p> <p>1.3 Consult clients from time to time to ensure safety and comfort during the entire process</p> <p>1.4 Apply fancy nail designs</p> <p>1.5 Result are checked</p>	<p>TLE_HEBC9-12PMP-III/IVa-r-6</p>

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CONTENT	CONTENT STANDARD	PERFORMANCE STANDARD	LEARNING COMPETENCIES	CODE
accessories • Water marbling 2.1 Different nail designing tool 3.1 Procedure in fancy nail designs			1.5.1well-balanced 1.5.2smooth 1.5.3neat and free from excess product on cuticle and nail walls 1.6 Client is advised on after-nail-care service 1.7 Advise client on nail maintenance practices 1.8 Dispose waste properly according to waste environment and safety regulations 1.9 Clean sanitize work station in accordance with OH&S requirements.	

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GLOSSARY	
Antiseptic	a substance, milder than a disinfectant that prevents the growth and development of micro-organisms.
Alcohol	an organic compound used as sanitizer.
Antiseptic Solution	an agent that reduces or prevents the multiplication of microorganism.
Apron	an outer protective garment that covers primarily the front of the body to protect clothes from dirt or stains.
Assorted Nail Polish	lacquer applied on fingernails and toenails to decorate and/or protect the nail plate.
Base Coat	a clear layer of polish applied to the nail plate before the application of colored polish to smoothen the nail surface and promote healthier nails.
Benzalconium Chloride	yellow-white powder prepared in an aqueous solution and used as surface disinfectant and topical antiseptic.
Bleaching Soap	a type of soap formulated to whiten the skin.
Bevel	a term in manicuring and pedicuring that means to shape the edge of something.
Cling Wrap	thin plastic film used for sealing the paraffin during a hand spa.
Cotton	a soft white downy fiber for dubbing or cleaning the nails and removing nail polish
Cuticle Oil	a mixture of fats and waxes containing lanolin and petroleum used to soften and lubricate the skin around the nails.
Cuticle Remover	a liquid used to soften nail cuticles and prepare them for cutting.
Callous Remover	a tool designed to strip off calluses and corns.
Contaminated wastes	materials which are infected or with some measure of decay
Cuticle	the nonliving epidermis that surrounds the edges of the fingernail or toenail
Cuticle Nail Pusher	a tool used to pushback and loosen the cuticles.
Cuticle Nipper	a tool used to cut the cuticles.
Cuticle Scissor	a tool used to cut the stubborn cuticles.

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GLOSSARY	
Disinfectant	an agent, such as heat, radiation, or a chemical, that destroys, neutralizes, or prevents the growth of disease-carrying microorganisms
Effleurage	a French word meaning "to skim" or "to touch lightly on", is a series of massage strokes used in Swedish massage to warm up the muscle
Foot Spa Machine	an electronic gadget used for soaking, bathing, and massaging the feet during foot spa.
First Aid Kit	a collation of supplies for use in giving first aid.
Foot Blush	a liquid spray that contains peppermint and alpha hydroxyl acids derived from fruits.
Foot Soak	an herbal blend to relax, energize, soothe and deodorize the feet.
Foot Scrub	a mixture of natural ingredients to keep feet soft, smooth and moisturized.
Finger or Manicure Bowl	a small bowl used for soaking the fingers to soften the cuticles.
Foot File	a tool made of metal or sandpaper with a rough file on one side to remove calluses and a fine file on the other to smoothen the feet.
Foot Spa	a beauty care service offered by salons to relax and moisturize the feet
Foot Spa Basin	a large rectangular container used for bathing and soaking the feet when giving a pedicure.
Foot Spa Tray with Handle	a large rectangular container used for bathing and soaking the feet when giving a pedicure.
Garbage Bags/Bins	plastic disposable bags or trash receptacles used to contain rubbish.
Hand Spa	a beauty care service using natural oils, vitamins and minerals, having curative effect to the body
Hand Spa Machine	an electronic gadget used to soothe pain from arthritis, and muscle spasms.
Hand Towel	an absorbent cloth for drying the hands.
Hygiene	the science concerned with maintaining good health and cleanliness.
Implements	articles or tools used in manicuring that are durable.
Infection	a condition caused by a germ or a pathogen.

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GLOSSARY	
Lotion	any of various cosmetic preparations that are applied to soften the skin.
Materials	are cosmetics and supplies that are consumed and should be replaced from time to time. They are also called consumables.
Manicure Tray	a flat container where all the necessary tools and implements are placed for use by the manicurist.
Manicure Nail Brush	a plastic brush with nylon bristles used to clean dirt and cosmetic residue from the nail surface and skin.
Manicurist’s Stool	an adjustable upholstered seat fitted over a piece of metal or chrome.
Manicure Pillow	a hand cushion that helps a client to keep her hands steady and relaxed.
Manicure Table	a table especially designed for giving manicure.
Mixing Bowl	a small open-top, rounded cup-like container used for mixing the aromatic oils and other fluids for the hand or foot spa.
Moisten	make wet or damp.
Nail Polish Remover	an organic solvent used to dissolve polish on nails.
Nail Hardener	a liquid applied to the nails to form a protective barrier to prevent chipping, peeling, and splitting of nails.
Nail bed	the portion of the skin upon which the nail plate rests.
Nail Buffer	a tool used for smoothening and polishing the nails.
Nail Cutter/Clipper/Trimmer	a hand tool made of metal used to trim fingernails and toenails.
Nail File	an implement used to shape the free edges of the nail with the coarse side and bevel the nail with the finer side.
Orange Stick	a wooden implement with pointed and rounded ends to remove excess polish.
Paraffin	waxy white or colorless solid hydrocarbon mixture used to make candles, wax
Pedicure Nail Brush	a tool used to remove cosmetics and cleanse nails.
Pumice Stone	a type of volcanic rock that removes dry skin and calluses from the feet.

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GLOSSARY	
Polythene	a kind of plastic commonly used for manufacturing grocery bags, shampoo bottles, children’s toys, among others.
Personal Protective Equipment (PPE)	protective clothing designed to protect the wearer’s body from injury or chemicals or for job-related occupational safety and health purposes.
Pathogen	a microbe or microorganism such as a virus, bacterium, prion, or fungus that causes disease.
Quick Dry	a liquid brushed over colored fingernails for the nail polish to dry faster.
Radiation	a process in which energy is transmitted in the form of waves or particles that can be used to destroy micro-organisms.
Solvent	a substance used to thin out the nail polish when it has thickened.
Sterilization	any process that eliminates (removes) or kills all forms of microbial life.
Spa	a beauty care service where curative minerals are present for beautification
Sterilizer	an equipment in a salon used for sterilizing metal implements to kill microorganisms.
Trolleys	a wheeled cart that is pushed by hand and used for transporting manicuring and pedicuring tools and materials. Toe Nail Separator – is a soft material where toes are inserted to keep them apart to prevent a freshly painted toenail from staining another toe.
Top Coat	a clear nail polish applied to the nails after the colored polish to protect it from scratches and chips; it makes nails harder and keeps them looking shiny.
Timer	a device that can be preset to start or stop something at a given time.
Wet Sanitizer	a substance or preparation for killing germs.

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 CODE BOOK LEGEND**

Sample: TLE_HEBC9-12FS-IIh-j-4

LEGEND		SAMPLE	
First Entry	Learning Area and Strand/ Subject or Specialization	Technology and Livelihood Education_Home Economics Beauty Care (Nail Care)	TLE_HE BC 9-12
	Grade Level	Grade 9/10/11/12	
Uppercase Letter/s	Domain/Content/Component/ Topic	Perform Foot Spa	FS
			-
Roman Numeral <i>*Zero if no specific quarter</i>	Quarter	Second Quarter	II
Lowercase Letter/s <i>*Put a hyphen (-) in between letters to indicate more than a specific week</i>	Week	Week Nine to Ten	h-j
			-
Arabic Number	Competency	Perform post foot spa activity	4

DOMAIN/ COMPONENT	CODE
Personal Entrepreneurial Competencies	PECS
Environment and Market	EM
Use of Nail Care Tools and Equipment	UT
Maintain Tools and Equipment	MT
Practice Occupational Health and Safety Procedures	OS
Practice Nail Shape	PN
Perform Foot Spa	FS
Perform Manicure and Pedicure	PMP

Technology-Livelihood Education and Technical-Vocational Track specializations may be taken between Grades 9 to 12.

Schools may offer specializations from the four strands as long as the minimum number of hours for each specialization is met.

Please refer to the sample Curriculum Map on the next page for the number of semesters per Home Economics specialization and those that have pre-requisites. Curriculum Maps may be modified according to specializations offered by a school.

**K to12 BASIC EDUCATION CURRICULUM
 JUNIOR HIGH SCHOOL TECHNOLOGY AND LIVELIHOOD EDUCATION AND SENIOR HIGH SCHOOL TECHNICAL-VOCATIONAL LIVELIHOOD TRACK
 HOME ECONOMICS – BEAUTY/NAIL CARE**

SAMPLE HOME ECONOMICS CURRICULUM MAP

No.	Grade 7/8	Grade 9	Grade 10	Grade 11	Grade 12					
1	EXPLORATORY									
2										
3						*Beauty/Nail Care (NC II) 2 sems	Wellness Massage (NC II) 2 sems	Hairdressing (NC II)	4 sems	
4						*Caregiving (NC II)				8 sems
5						*Dressmaking (NC II)		4 sems	Tailoring (NC II)	
6									4 sems	
7										
8						*Front Office Services (NC II)	Travel Services (NC II)	Local Guiding Services (NC II)	Tourism Promotion Services (NC II)	
9										
10						2 sems	2 sems	2 sems	2 sems	
11										
12						*Cookery (NC II)			Bread and Pastry Production (NC II)	Food and Beverage Services (NC II)
13								4 sems	2 sems	2 sems
14										
15						Housekeeping (NC II)	Attractions and Theme Parks (NC II)			
16						2 sems	2 sems			
17										
18						Handicraft (Non-NC) Needlecraft	Handicraft (Non-NC) Fashion Accessories, Paper Craft	Handicraft (Non-NC) Basketry, Macrame	Handicraft (Non-NC) Woodcraft, Leathercraft	
19										
20						4 sems	2 sems	2 sems	2 sems	2 sems

* Students cannot take a specialization if they have not taken 40 hours of the subject in Grades 7 or 8