



What Is This Module About?

While we are a nation of many subcultures, there are dominant traits, practices and beliefs that are common to all people. This is what we refer to as the culture of the Philippines.

Are you a true Filipino? Why do you think so?

Are you proud of your culture? What makes you proud of it?

Do you love your country, the Philippines? Why?

In this module, you will learn about the desirable traits of a true Filipino. It will help you answer questions about your role and duties as a citizen of this country. It will also enable you to practice and strengthen the values that you should have as a Filipino. This module highlights the desirable traits of Filipinos. It will give you an opportunity to demonstrate and practice the desirable traits you will learn in this module.

This module is divided into three lessons:

Lesson 1 – *We Are Filipinos*

Lesson 2 – *The Mark of a True Filipino*

Lesson 3 – *Filipino in Thought, Word and Deed*



What Will You Learn From This Module?

After studying this module, you should be able to:

- ◆ show pride in the Filipino culture;
- ◆ show respect and appreciation for the Philippine flag, national anthem, national language and other national symbols of the Philippines;
- ◆ discuss desirable Filipino traits and values;
- ◆ show appreciation for desirable Filipino traditions; and
- ◆ give your own opinion based on a story/song/play read or heard.



Let's See What You Already Know

Before studying this module, answer the questions below to determine how much you already know about the topic.

Put a check mark (✓) opposite each statement that shows a good Filipino trait and an X-mark (X) before each statement that does not.

- _____ 1. A true Filipino stands at attention whenever he/she hears the Philippine National Anthem.
- _____ 2. Filipino is encouraged in the elementary, secondary and college levels as a medium of instruction.
- _____ 3. Traditionally, many Filipinos pause to say a prayer at angelus time.
- _____ 4. In a village that practices *bayanihan*, Filipinos help each other in constructing the village church.
- _____ 5. Kissing the hands or *pagmamano* is currently considered out of fashion.
- _____ 6. OPM or Original Pilipino Music must make up half the airtime of local musical radio programs.
- _____ 7. A true Filipino believes that a favor granted has to be repaid.
- _____ 8. Filipino grooms-to-be traditionally visit the parents of their fiancées to perform a pre-betrothal ceremony called *pamamanhikan*.
- _____ 9. Giving donations to a bereaved family is a foreign tradition that was not adopted by Filipinos.
- _____ 10. *Pakikisama*—or the ability to get along with others to avoid conflict—is not being demonstrated by Filipinos anymore.

Well, how was it? Was it difficult? Compare your answers with those in the *Answer Key* on page 30.

If all your answers are correct, very good! This shows that you already know much about the topic. You may still study the module to review what you already know. Who knows, you might learn some new things as well.

If you got a low score, don't feel bad. This means that this module is for you. It will help you understand good Filipino traits that you can practice in your daily life. If you study this module carefully, you will learn the answers to all the items in the test and a lot more! Are you ready?

You may now go to the next page to begin Lesson 1.

We Are Filipinos

What are the desirable traits of a Filipino? What values are native to our Filipino culture.

In this lesson, you will learn different Filipino values such as those that promote harmonious and peaceful relationships, close family ties, respect for elders and trust in a Supreme Being.

After studying this lesson, you should be able to:

- ◆ identify and provide examples of the desirable traits of a Filipino; and
- ◆ show pride in the Filipino culture.



Let's Study and Analyze

Ricardo holds on to desirable Filipino values and practices both as an individual and as a member of the community. You are going to find out what these traits are and how Ricardo practices them in his daily life.

Try to match the desirable Filipino traits in the box below with the actions and behavior of Ricardo. Write the letter of your answer in the blank before each number.

- | | |
|------------------------------------------------|------------------------------------------------------------|
| a. Trust in God | f. <i>Bayanihan</i>
(Cooperation) |
| b. Hospitality | g. <i>Pakikisama</i>
(ability to get along with others) |
| c. Respect for Elders | h. Close Family Ties |
| d. <i>Utang na loob</i>
(Debt of gratitude) | i. Patience/Optimism |
| e. Resourcefulness/
Creativity | j. Respect for Womanhood |

- ____ 1. Ricardo kisses the hands of his parents, grandparents and older relatives. He listens and gives importance to their advice and helps them in any way he can. He plans to take care of his parents when they grow old.
- ____ 2. Ricardo loves to be with his family at all times. He goes to church with them, joins them for regular get-togethers, and celebrates holidays with them as much as he can. He would love to live with his family even as he gets older.

- ___3. Ricardo's belief in God is very strong. He does not complain much because he knows that God will take care of everything. He keeps and venerates religious symbols in his house.
- ___4. Ricardo is always there to help his neighbors and other members of his community. He joined and supported the People Power 2 uprising at Edsa in January 2001. Aside from participating in national projects, he is always available whenever his *barangay* needs his help and support in implementing its projects.
- ___5. Ricardo sees things through until the end. He always has hope and looks at the brighter side of things. He does not get discouraged when confronted with problems. In fact, no matter how miserable his life is, he moves on, knowing that in the end, the sun will shine again. He remains calm even if he has a hard time commuting, or when he deals with everyday problems like pollution, traffic, lack of water and electricity, bad roads and poor telephone services.
- ___6. When someone does Ricardo a favor or helps him in his hour of need, he feels that he needs to return a favor to that person. He would not feel comfortable if he does not repay that person in any way that he can.
- ___7. You will always see cheerfulness in Ricardo's face wherever he goes. He tries to maintain harmonious and peaceful relationships with everyone, even if he sees the faults of his enemies, friends, or family. For him, not being friendly and cooperative with others would bring negative results.
- ___8. Ricardo loves to entertain guests, friends and even strangers. He is very warm-hearted and generous in receiving visitors at home, in the office, or wherever he meets people.
- ___9. Ricardo is very good at inventing new things. He makes decorations out of old newspapers and used soft drink cans. He saves used paper and empty bottles for future use.
- ___10. Ricardo respects his mother and this respect is extended to his sisters, female friends, and colleagues. He opens doors, gives up his seat, and carries bags for women. He also assists them when boarding or alighting from vehicles.

How did you find the exercise? Compare your answers with the *Answer Key* on pages 30–31.



Let's Try This

Give an example of each desirable trait you just learned in the exercise. Apply that example at home, at work or in the community. How did you feel after demonstrating each desirable Filipino trait? Write down your observations and discuss them with your co-learners and Instructional Manager.



Let's Read

Play the tape with the song “Tayo’y Mga Pinoy.” As you listen to the tape, silently read the lyrics and try to determine the message of the song.

Heber Bartolome (original version)

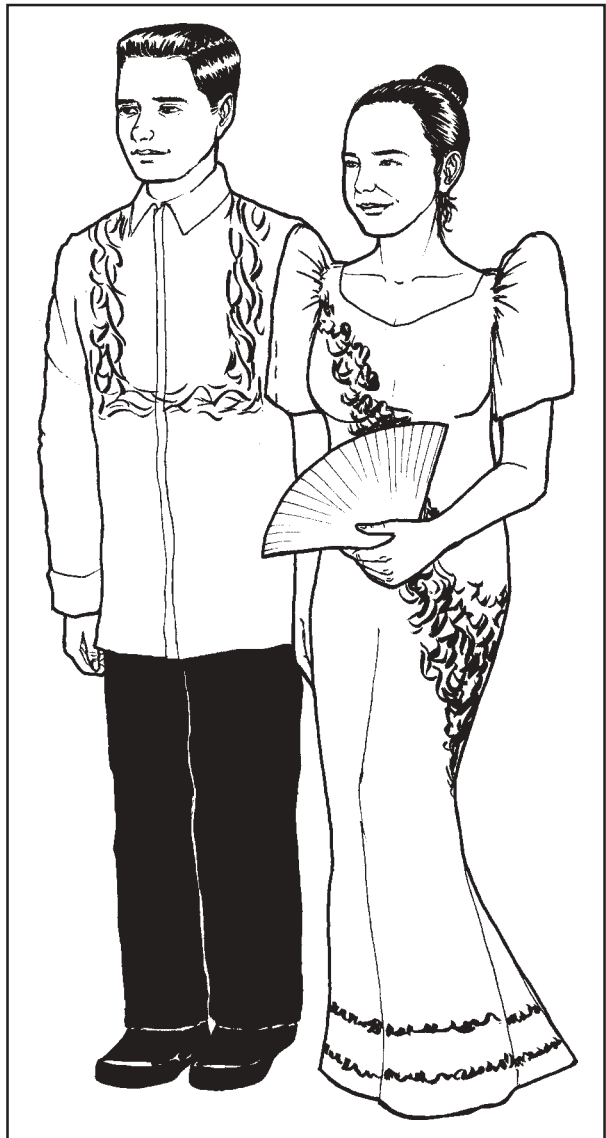
Chorus 1

Tayo’y mga Pinoy
Tayo’y hindi Kano
‘Wag kang mahihiya kung
Ang ilong mo ay pango.

Dito sa Silangan, ako’y isinilang
Kung saan nagmumula
Ang sikat ng araw
Ako ay may sariling
Kulay kayumaggi.
Ngunit di ko maipakitang
Tunay sa sarili.
Kung ating hahanapin ay
Matatagpuan.

Tayo ay may kakanyahang
Dapat hangaan.
Subali’t nasaan ang
Sikat ng araw?
Ba’t tayo ay humahanga doon
Sa Kanluran?
Bakit manggagaya
Mayroon naman tayo.

Repeat Chorus 1



Dito sa Silangan,
Tayo'y isinilang
Kung saan nagmumula ang
Sikat ng araw
Subali't nasaan ang sikat ng araw
Ba't tayo ay humahanga doon sa
Kanluran?

Repeat Chorus 1

Chorus 2

Mayro'ng isang aso, daig pa ang ulol
Sya'y ngumingiyaw
Hindi tumatahol
Katulad ng iba
Pa-Ingles-Ingles pa
Na kung pakikinggan,
Mali-mali naman
'Wag na lang.

Repeat Chorus 2 except the last line

'Wag na, oy oy
Oy, ika'y Pinoy
Oy, oy, ika'y Pinoy.'



Let's Talk About This

Did you like the song? Did you understand its message? Try answering the following questions:

1. What is the message of the song?

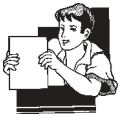
2. Are you ashamed of being a Filipino? Explain your answer.

3. How do you understand the line: “Mayro’ng isang aso, daig pa ang ulol. Siya’y ngumingiyaw, hindi tumatahol.” (There is a dog, crazier than a crazy dog. He meows instead of barking).

4. What traits and attitudes portrayed in the song do you feel apply to you?

5. If, by chance, you are brown-skinned and flat-nosed, would you be ashamed? Why or why not?

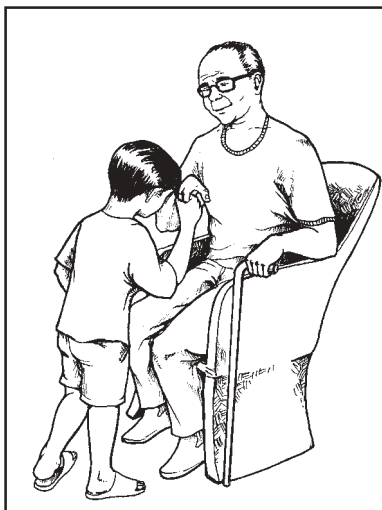
Compare your answers with those found in the *Answer Key* on page 31.



Let's Learn

You should always be proud of being a Filipino. You should not be ashamed of your culture because God has given you talents, skills and physical characteristics that are uniquely Filipino, which you should always cherish and be proud of.

Here are some of the most-well known desirable Filipino traits.



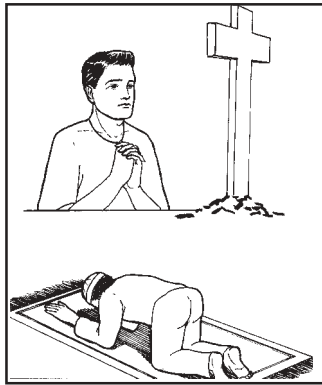
Respect for Elders

This is a trait that most Filipinos and our neighbors in Asia practice. We kiss the hands of our elders and we offer them our seat. We take care of our parents and grandparents as they grow older and try to be with them as much as we can. It is unthinkable to allow a parent or a relative to go unattended in his or her old age.



Close Family Ties

We love being with our family at all times. We go to church together, we have regular family get-togethers and we celebrate holidays together. Unlike other cultures, we love to live with our families even as we get older because we cannot stand living away from them.



Trust in God

We always believe in a Supreme Being that protects, judges and rules over us. We always believe that God is always there to help us at all times. We do not complain much because we know that God will take care of everything.



Bayanihan or Cooperation

This trait means togetherness and mutual help or being available to help others, especially our neighbors and countrymen. It also means peace and a feeling of “oneness” or cooperative spirit which motivates people to work together for a good purpose.



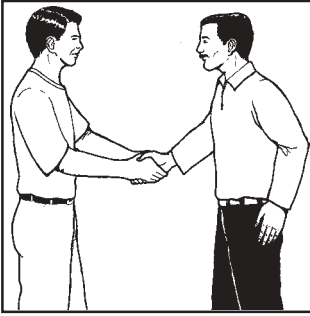
Patience, Optimism and Creativity

Filipinos see things through until the end. We are optimistic, we always have hope and look at the brighter side of things. No matter how difficult our life is, we move on, knowing that in the end, the sun would shine again. We take everything calmly and easily due to our being patient.



Utang na Loob or Debt of gratitude

This means that we feel that we are indebted to anyone who did us a favor or helped us in an hour of need. It is for this reason that we want to do good to help them as a sign of our gratitude.



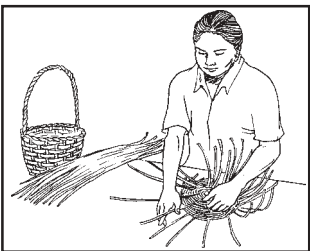
Pakikisama or Getting along with others

Having harmonious interpersonal relationships helps us understand the faults of our friends and family just to maintain peace.



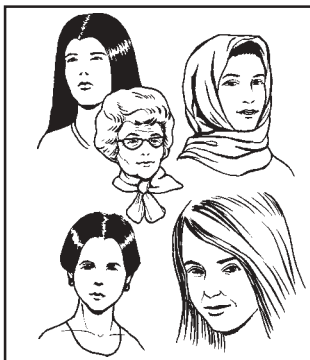
Hospitality

We are very friendly and generous in receiving and entertaining guests or even strangers.



Resourcefulness/
Creativity

We Filipinos are able to make use of what we have. This shows our resourcefulness. We are also creative in the sense that we are skillful and clever in inventing new things.



Respect for Women

Filipinos, in general, respect their mother, and this is extended to other women.



Let's See What You Have Learned

Study the following situations. What desirable Filipino trait should you show in each situation? How would you show it? Write your answers in the spaces provided.

1. A friend of your mother's paid a visit to your family.

2. Your neighbor is fixing the roof of his house. You noticed that he is having a difficult time.

3. You just got home. You found your parents in the living room.

4. Your friend lent you money when you ran out of cash one time.

5. You have a problem. It seems difficult to solve.

Compare your answers with those in the *Answer Key* on page 31.

Well, how did you do? Did you get all the right answers? If you did, very good! If not, just review the lesson again and try to understand it better.



Let's Remember

In this lesson, you learned about the following desirable Filipino traits:

- ◆ Filipinos are known for trusting in God and putting faith in Him.
- ◆ Family traits include close family ties, respect for elders and respect for women.
- ◆ Filipinos are also known for their hospitality, the spirit of *bayanihan*, *pakikisama* and *utang na loob*.
- ◆ Filipinos are resourceful, creative, patient and optimistic. These traits help the Filipino in his daily life.

The Mark of a True Filipino

How should you sing the Philippine National Anthem? What are the different Philippine national symbols? What makes us uniquely Filipino? These questions will be answered in this lesson.

After studying this lesson, you should be able to:

- ◆ identify the different Philippine national symbols;
- ◆ demonstrate the proper way of showing respect for the Philippine National Anthem;
- ◆ show understanding and respect for Philippine national symbols; and
- ◆ demonstrate love for our culture and national identity.



Let's Read

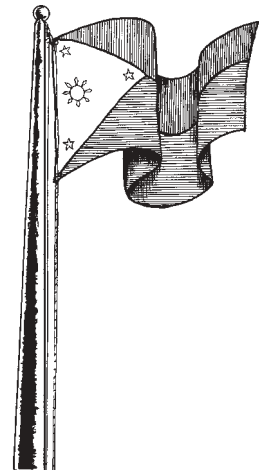
The Mark of a True Filipino

I was once asked by a foreigner
To describe my beloved country
Hark, listen very carefully
To my true and faithful description.

If by chance I have seen
Unfurled and flying, high above the air
The most beautiful flag of red, white and blue
Symbol of my country, we give honor.

Once our national anthem is played
And by chance I hear its music drifting in the wind
Place your right hand over your breast
While its lively music is being played.

Our national costumes, Barong tagalog and “Baro at Saya”
And our national flower, the Sampaguita
Our folk songs, our national tree—Narra
And the Philippine Eagle
All these are our national symbols.



Should anybody make fun
Of the color of your skin
Be proud, don't be ashamed
Hold your head high, it is God-given

Our heroes never feared
To shed their blood and give their life
For freedom most revered
They're our pride, let us not forget them.

Anonymous



Let's Try This

Did you like the poem? Did you understand it? If you did, try answering the following questions:

1. Do you stand at attention and place your right hand over your breast when you hear or sing the Philippine National Anthem?

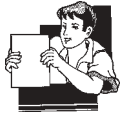
2. What other Philippine national symbols do you know that are not mentioned in the poem?

3. Mention as many national heroes that the author refers to in the last stanza of the poem as you can.

4. How can you be a hero in your own way with your friends? Your neighbors? Your colleagues at work?

5. Why is it important to know your culture? Why is it important to love your culture?

Now you can compare your answers with those in the *Answer Key* on page 32.



Let's Learn

How do you sing the “*Lupang Hinirang*,” the Philippine National Anthem?

You should show respect to the Philippine National Anthem by standing at attention and placing your right hand on the left side of your chest when singing it. You should look at the National flag with sincerity and respect.

The Philippine flag is only one of the many Philippine national symbols. You have read in the poem about other symbols. Our national costumes are the *barong-Tagalog* and the *Baro't Saya*. Our national flower is the *Sampaguita*. The *Narra* is our national tree. The Philippine eagle is the symbol of Filipino strength.

You can also be a hero like Dr. Jose Rizal. You can do this simply by helping your family, friends and neighbors and not expecting anything in return.

The Philippine culture is very rich. You should learn more about it so that you can apply and strengthen the Filipino traits that are desirable. This will help you become a better person and a true Filipino.



Let's See What You Have Learned

- A. Identify the Philippine national symbols being described in each statement. Write your answer in the blank before each number.

- _____ 1. Philippine national anthem
_____ 2. National hero
_____ 3. Philippine costume for men
_____ 4. National tree
_____ 5. National flower

B. Answer these questions:

1. How should you sing the Philippine National Anthem?

2. Why do you need to learn more about your culture?

Compare your answers with those in the *Answer Key* on page 32.

Well, how was it? Did you get all the correct answers? If you did, very good! If not, review the parts of this lesson that were not clear to you.



Let's Remember

What you have learned are the desirable traits of a true Filipino. They simply show the way we Filipinos are. Don't forget that:

- ◆ you should learn to respect the Philippine National Anthem by standing at attention and placing your right hand on the left side of your chest;
- ◆ you should be aware of the Philippine national symbols, so that when you meet new friends from other countries, you can proudly share these with them;
- ◆ you can be a hero to your friends, neighbors and colleagues by helping them when they have problems and not expecting to be repaid; and
- ◆ you should learn more about your culture so that you can apply and reinforce the desirable Filipino traits. In turn, you can be a better person and member of the community.

Just remember to retain and reinforce these desirable Filipino traits and don't forget to pass them on!

Filipino in Thought, Word and Deed

Which Filipino traits are truly desirable? How and when are these shown? How can we show that we are indeed Filipinos?

In this lesson, you will find out how desirable Filipino traits can be shown in certain situations.

After studying this lesson, you should be able to:

- ◆ identify Filipino characteristics, values, practices and traditions; and
- ◆ form your own opinion on how to show loyalty to your country.



Let's Listen to This

Get your cassette tape and listen to the dialogue. If a cassette player is not available, you can just read the dialogue that follows.

Characters:

- | | | |
|---------|---|-------------------------------------------------|
| Domeng | – | a 48 year old balikbayan from the United States |
| Joseph | – | a teenage son of Domeng |
| Concha | – | the 70-year old mother of Domeng |
| Honesto | – | the 75-year old father of Domeng |
| Rey | – | a neighbor and good friend of Domeng |
| Arvin | – | a teenage adopted son of Honesto and Concha |

Narrator

Scene 1 : At the Airport

Concha : Arvin, how come the plane has not arrived yet? It's already an hour late, I'm getting worried. Something might have happened to them.

Arvin : Nana Concha. Please calm yourself. Haven't you heard the announcement? The plane from San Francisco has just arrived.

Concha : Really, Arvin?

Arvin : That's true! Nana Concha!.

Concha : Thank God!

- Arvin : Nana Concha! Mang Rey! Let's move over there so we can see them immediately.
- Concha : I think that's better. With my poor eyesight, I may not be able to recognize Domeng and his son Joseph from afar.
- Arvin : Nana Concha, about how many years has Uncle Domeng been away from the Philippines?
- Concha : Oh, he was still young then. He was about twenty years old.
- Rey : That's right, Arvin. We're of the same age and I'm 48 years old now.
- Arvin : You're 48 years old now, Mang Rey? In that case, Uncle Domeng has been away for 28 years now.
- Concha : You're right, Arvin.
- Rey : Arvin, look! Look at that lady! She has plenty of luggage, she can hardly carry all of them.
- Arvin : She's not the only one who's like that, Mang Rey. Look at the others. I bet, most of their luggage are for *pasalubong*. Isn't Nanay Concha like them? Every time she travels, she always brings *pasalubong*.
- Rey : Ah, yes. Even when she's just from the market, she still brings *pasalubong*.
- Concha : So, what's wrong with that? That's being a Filipino. We're fond of giving something as *pasalubong*.
- Arvin : You're right. Almost every *balikbayan* I see has plenty of baggages.
- Concha : That's because, most of us Filipinos are thoughtful and generous.
- Arvin : Will Uncle Domeng have plenty of baggages, too?
- Concha : Rey, Rey! Look! Isn't that Domeng who's just come out of the door?
- Rey : That's him! And he saw us, too!
- Concha : Domeng! Domeng, my son!
- Arvin : Nanay Concha, with 28 years being in America, do you think Uncle Domeng has changed his nickname to.. maybe "Dom" or "Domy"?
- Concha : It doesn't really matter whether he has changed his nickname or not. To me, he is still my Domeng!

Rey : I'll leave you for a while. I'll have to make the car ready. The parking lot is quite far from here, so, when Domeng is ready, we can immediately leave.

Concha : That would be better, Rey.

Domeng : Nay! Nay!

Concha : Domeng, my son!

Domeng : (Domeng, kissing his mother's hand)

Concha : God bless you, my son.

Domeng : Where's Tatay?

Concha : Oh, his arthritis acted up again, so he opted to wait for you at home.

Domeng : By the way, Nay, this is Joseph, your grandson. Joseph, this is your Lola.

Concha : Oh, he's so handsome!

Joseph : (Kissing Lola's hand)

Concha : God Bless you, Joseph. And, Joseph, this is Arvin, your cousin.

Joseph : How are you, Kuya Arvin?

Arvin : Ah...I'm fine, Joseph.

Concha : Domeng, this is Arvin, your nephew.

Arvin : (Kisses the hand of Domeng)

Domeng : I thought for a while, you're not with Nanay. How come you're keeping a distance?

Arvin : I'm sorry, Uncle. I was a bit apprehensive in getting close to you, because I'm not that good in talking English.

Joseph : Why did you ever think of that, Kuya Arvin?

Arvin : You see, some of our cousins who also came from America only spoke in English. And I felt awkward talking to them.

Joseph : Don't worry, Kuya Arvin, I'm used to speaking Filipino. Back home, we always talk in Filipino except when we have visitors. Daddy and Mommy want us to speak in Filipino even if we're not born in the Philippines.

Domeng : That's true. I haven't forgotten what Nanay taught us. That we should not forget our own language and we should be proud of it. And that's one measure of being a true Filipino.

Arvin : I admire you for that, Uncle Domeng. You're not like the others who teach their children to speak in English, just to give the impression of being 'class'.

Concha : I'm proud of you, Domeng. Despite your having been away from our country for so long, you have not forgotten being a Filipino.

Arvin : Here comes our ride, Uncle Domeng.

Concha : Arvin, please help them put their luggage inside the car.

Rey : I'll open the baggage compartment.

Domeng : I know you... Ah, Rey? Yes, its you, Rey!

Rey : I thought you have forgotten about me.

Domeng : That's not possible, Rey. Except for a few white hairs, you have not changed at all.

Rey : Oh, well. Let's talk more about it later, Domeng. Let's attend to your luggage first, so we can leave.

Concha : You know, Joseph, Rey and your father were "age mates" and good friends. They were like brothers.

Joseph : Aha! Then Tito Rey must know a lot of Daddy's secrets. Tell me about you and Dad when we get home, ha, Tito Rey.

Concha : It seems like you brought a lot of *pasalubong*. Aside from your suitcases, you brought some *balikbayan* boxes as well.

Domeng : That's not even enough, Nay. We didn't have much time to shop, so I'm thinking of buying some more items from the Duty Free Shops here. I've heard, there are a lot of items to choose from and they're a lot cheaper, too.

Concha : That's true, Domeng. They've lowered the prices even for imported items.

Joseph : And you know what, Lola. You can even choose the item you want Daddy to give you as *pasalubong*. You can get what you really wanted and need most.

Concha : Oh, thank you so much! What is nice about your shopping here, either in the Duty Free Shops or any of the malls here, is that you're able to help boost the economy of our country.

Rey : Have you heard in America about our economic crisis?

Domeng : Ah, yes! Even if I'm already in America, I've always made it a point to listen regularly for news about our country. I will never forget who I am and from where I came from.

Narrator : You've just heard scene 1 of our drama. Before you listen to the next scene, please stop the tape for a while, and answer the questions that follow:



Let's Think About This

Did you like the play? Did you understand it? Try answering the following questions.

1. What Filipino values, practices and traditions were demonstrated by the characters in the play?

2. What can you say about Domeng, who remained loyal to the language of the country of his birth?

3. Were Domeng and Joseph right in deciding to buy their *pasalubong* from the Duty Free Shops here? Why?

Compare your answers with those found in the *Answer Key* on pages 32–33.



Let's Listen to This

Let's continue listening to the rest of the tape. (Again, you may just read the dialogue if you don't have a cassette player around.)

- Scene 2** : At the house of Honesto and Concha
- Concha : Here we are home at last! Let's all come in.
- Domeng : (Upon seeing his father..) Let me kiss your hand, Father. How are you?
- Honesto : I'm fine. It's just that lately my knees have been aching because of arthritis.
- Domeng : Father, I'd like you to meet Joseph. Joseph, this is your grandfather.
- Joseph : Let me kiss your hand, Lolo. You know, Lolo, you don't look that old! It seems that you and Daddy are of the same age.
- Honesto : Really? You really surprise me! Aside from knowing how to speak Filipino, you're also good at flattery.
- Domeng : Joseph is right, Father. You don't look old. You may even have more hair than I have. What's your secret?
- Honesto : Oh, stop it! Come on, let's all get inside and have something to drink! Arvin, can you please help them with their luggage?
- Arvin : Yes, Tata Honesto, I'll be glad to.
- Joseph : Thank you, Kuya Arvin.
- Arvin : Don't mention it.
- Honesto : I'm all praises for my grandson, Domeng. He knows how to speak our language, and he's also courteous, even if he grew up in America.
- Domeng : Tay, do you still remember what Inay has always taught me? That I should not forget our national language. That is why, we always speak Filipino when we're at home in America. And of course, my wife and I have not forgotten some of our good Filipino traits. One of these is being respectful to the elders and to other people. We have not also forgotten how to be thoughtful and helpful. I have not forgotten what you and Inay have taught us since we were children. We have imparted all of these to my son, as well.
- Honesto : I'm proud of you, my son. You are a true Filipino.

- Domeng : Thank you, Father! I have tried my best to keep my promise to be a true Filipino always.
- Joseph : Excuse me, Lolo! Daddy, can we now open our luggage and distribute our *pasalubong* to them? I'm already excited!
- Domeng : Oh, yes! Go ahead, son.
- Joseph : Lolo, please accept our *pasalubong* for you.
- Honesto : Thank you, Joseph.
- Joseph : Please open it!
- Concha : Well, what are we waiting for? Come, everybody! Let's all eat first.
- Joseph : Lola, here's our *pasalubong* for you!
- Concha : Oh, thank you, Joseph. Thank you very much. I thought we would still be going to the Duty Free Shop to buy your *pasalubong* for me. But here, you already have a *pasalubong* for me.
- Domeng : Yes, Inay. We're still going to the Duty Free Shop, this afternoon. We'll still buy additional *pasalubong* for you.
- Honesto : And, whatever for? This is already enough, my son.
- Concha : And this is very beautiful! Now, I have a new sweater, Honesto!
- Honesto : This is enough for me, too, Domeng. This is just right for the cold weather.
- Joseph : We are happy, Lolo and Lola, that you like what we have brought for you. And for you, Kuya Arvin, this is for you.
- Arvin : Thank you, Joseph for remembering me.
- Joseph : Of course! How can we not remember you, Kuya? Lola and Lolo are always mentioning your name in their letters and in their telephone calls.
- Arvin : Really? What are they saying about me?
- Joseph : That you're obedient and industrious, like me. Ha! Ha! Ha! Open your *pasalubong* now, Kuya. I hope you'll like it!
- Arvin : Wow! A new shirt and pants! Thank you, Joseph. Thank you, Uncle Domeng.
- Concha : Okay. Maybe we'll just continue with our conversation over dinner.

Domeng : Inay, where's Rey? Has he gone home?

Concha : No, he's just around. And he has a surprise for you!

Domeng : A surprise? Lending us his vehicle and driving for us are more than enough.(Rey suddenly comes in with a tray of food.)

Joseph : There's Tito Rey. He's coming. Tito Rey, this is our *pasalubong* for you.

Rey : Thank you, Joseph.

Joseph : Mmmm.... The food you're bringing smells good.

Rey : Of course, I prepared this especially for you and your Dad.

Domeng : Mmmm... broiled tilapia and squid. Wow, these are my favorites, Rey!

Rey : I still cannot forget what your favorites are, pal! Hey, what's this you brought for me? An imported shirt! Why, you should have bought me a local one instead! Not that I don't like what you gave me but ... You know, Philippine-made products are comparable to imported ones.

Domeng : Really?

Rey : Yes! I even hear some *balikbayans* say that products they buy in other countries are marked, "Made in the Philippines."

Domeng : Well, then. We don't have to go to the Duty Free Shop in that case. (Whispering) And Rey, here's something for you.... (at the same time giving Rey some money.)

Rey : What's this? No! I cannot accept this!

Domeng : Come on, pal. This really comes with your *pasalubong*. By the way, thank you for lending us your car and driving for us, too.(Upon Domeng's insistence, Rey accepted the money.)

Domeng : Rey, don't be offended. I know that debt of gratitude cannot be repaid with money. You can use it to bring your kids to the movie.

Honesto : What are you whispering about over there? Come on, let's all pray before we eat.

Concha : I have a suggestion, Joseph, can you say the grace before meals?

Joseph : Yes. Lola. Bless us O Lord...



Let's Talk About This

Did you like the rest of the play? Try answering the following questions.

1. What Filipino traits were portrayed by the characters?

2. Which ones would you like to emulate or reinforce? How are you going to do this?

3. Do you agree with Domeng that a debt of gratitude cannot be repaid with money? Please explain your answer.

If you are done with your answers, compare them with those found in the *Answer Key* on page 33.



Let's Remember

We should be proud of our desirable Filipino traits. They bring about harmonious relationships between neighbors, as well as desirable and peaceful relationships among individuals and the community in general.



Let's Read

Do you truly love your country? Here is a short essay about how to be a true Filipino. Read it carefully.

I Am a Filipino

I am a Filipino. I am a poet and a dreamer. In good times and in bad, I persevere with open arms and an open heart. I constantly pray for peace and I am willing to risk my life for freedom and justice. I would like to shout to the world "I am the hope of our fatherland." These words should come from my heart — a heart of a Filipino who truly loves his country.



My love for my country is not proven through mere words but through my actions as well. Some of our national heroes have written poems and essays also entitled "I am a Filipino." They have contributed to our country's progress at one point in time. Jose Rizal's fight for justice would never be forgotten even after he was killed by the Spaniards. Apolinario Mabini's literary piece made him "The Great Paralytic." Ramon Magsaysay was motivated by Mabini to serve his countrymen well.

Our fate depends not only on the leaders of our country but also on our countrymen. Each one of us has a role to play in helping our country.

I am a true Filipino. What does this mean to our youth? What does this mean to you?



Let's Try This

Did you like the essay? Did you understand it? Try answering the following questions.

1. What is the essay about?

2. What did the writer mean by putting words into action based on the poems and essays written by our national heroes in the past?

3. How can you prove your love for your country in times of war? In times of peace?

4. Make believe that you are one of the following:

- a. teacher
- b. policeman
- c. doctor
- d. businessman

How can you show that you are a true Filipino in terms of solving community and national problems?

5. Identify organizations in your community that help in maintaining cleanliness in the environment, peace and order, etc. Have you joined any of these organizations? Do you intend to join any of these organizations? Why?

6. Analyze the current political situation of our country. What insights have you gained? Among the desirable Filipino traits you have learned, which should be reinforced by a good Filipino leader?

7. Read the “*Panatang Makabayan*”. It is about how and why you should love and be proud of your country—the Philippines. Copy it on a small piece of paper and keep it in your wallet, purse or bag. Remember to study and understand it, and, most importantly, apply what it means. You may substitute the word *paaralan* on line 7 with the words for the community, work place or institution you belong to. Share it with your friends, neighbors and colleagues.

Ang Panatang Makabayan

Iniibig ko ang Pilipinas.
 Ito ang aking lupang sinilangan;
 Ito ang tahanan ng aking lahi;
 Ako’y kanyang kinukupkop at tinutulungan;
 Upang maging malakas, maligaya at kapakipakinabang.
 Bilang ganti, diringgin ko ang payo ng aking mga magulang;
 Susundin ko ang mga tuntunin ng aking paaralan;
 Tutuparin ko ang mga tungkulin ng isang mamamayang makabayan
 at masunurin sa batas;
 Paglilingkuran ko ang aking bayan nang walang pag-iimbot
 at ng buong katapatan
 Sisikapin kong maging tunay na Pilipino sa isip, sa salita at sa
 gawa.

Compare your answers with those found in the *Answer Key* on pages 33–34.



Let’s See What You Have Learned

- A. Fill in the blanks with the correct answer. Choose your answer from the list of words below.

Actions	Thought	Speaking
Deed	<i>Pasalubong</i>	<i>Panatang Makabayan</i>

- Giving _____ is a sign of a Filipino’s generosity and thoughtfulness.
- The _____ teaches us how and why one should love and be proud of one’s country.
- Love for country is not proven through mere words, but through _____ as well.
- You can show your loyalty to your country by _____.
- 5–6. A true Filipino is a Filipino in _____, word and _____.

B. As an NFE A&E learner, how can you show that you are a true Filipino – in thought, word and deed?

Compare your answers with those in the *Answer Key* on pages 34–35.



Let's Remember

You will often hear and read about our many desirable traits as a people. It is not enough that you know about these traits. It is important that you practice these traits — in your every thought, word and deed.

One of the traits that you should always practice is the love and respect for our elders, because their wisdom and experience can guide us in our everyday lives.

Another equally important trait that you should foster and develop is loyalty to our country. You can show this by speaking our national language, giving importance to our heroes, national symbols and our national anthem, and by doing your part in helping our country grow and develop.



Let's Sum Up

In this module, you have learned the desirable Filipino traits which we can foster. Don't forget to practice the following in your daily activities:

- ◆ Respect your elders at all times—Take good care of your parents and grandparents as they grow older and try to be with them always.
- ◆ Maintain Close Family Ties – Try to be with your family as much as you can. Give them the love and support you can offer.
- ◆ Always trust in God.— Pray regularly and thank Him for all the blessings that He has bestowed upon you.
- ◆ Practice *Bayanihan* – Help and support your neighbors and community by making it a better place to live in.
- ◆ Be Patient and Optimistic – Remain calm whenever you have problems. Don't lose hope and look at the brighter side of things during difficult times.
- ◆ Have *Utang na Loob* – If someone has helped you in your hour of need, help him back in anyway you can. When a loved one is in need of help, be there at all times and don't expect anything in return.
- ◆ Practice *Pakikisama* – Maintain peace by having harmonious relationships with your friends, family and colleagues. Try to understand their bad traits and appreciate their good qualities.
- ◆ Be Hospitable – Be friendly and generous when receiving guests. Entertaining people you have just met will show how warm-hearted we Filipinos are.
- ◆ Be resourceful and creative –Try to make do with what you have. Develop your skills in inventing new things that can make your life easier at home or at work.
- ◆ Respect Women – Show respect to all women whether at home, or in other places. They deserve as much respect as our elders.

Having learned the desirable Filipino traits mentioned above, it is hoped that these will be cultivated and reinforced so that you will become a better person and a better Filipino citizen. We Filipinos will truly stand out if we reinforce or apply these traits in our daily lives. Even in a strange land and far from home, the Filipino spirit often prevails, thanks to an optimistic outlook that is deeply ingrained in our culture.



What Have You Learned?

Put a check mark (✓) opposite the statement if it is correct and an X-mark (X) if it is wrong.

- _____ 1. Filipinos love to be with their parents, sisters and brothers even as they get older.
- _____ 2. Filipinos are pessimistic. They don't look at the brighter side of things.
- _____ 3. Traveling within the Philippines instead of outside the Philippines is a way of showing one's love for his/her country.
- _____ 4. You do not respect the Philippine National Anthem if you do not stand at attention or place your hand on the left side of your chest when you hear it being played.
- _____ 5. A farmer who works hard tilling his farm in order to send his children to school is a mark of a true Filipino.
- _____ 6. The song "Tayo'y Mga Pinoy" emphasizes the need for Filipinos to be proud of learning and speaking languages of other countries.
- _____ 7. Kissing the hands of elders should not be practiced anymore as this is considered out of fashion.
- _____ 8. Filipinos are marked by skill and cleverness in inventing new things.
- _____ 9. Our national costumes are the *barong-Tagalog* and the *Baro at Saya*.
- _____ 10. In this generation, Filipinos have forgotten the habit of bringing home gifts or *pasalubong* for their friends and family when they come back from another place or country.

Compare your answers with those found in the *Answer Key* on page 35.

If you got a score of:

- 8–10 Very Good! You learned a lot from this module.
- 5–7 Good! Just review the items which you did not get right.
- 2–4 Review the part of the module which you did not understand.
- 0–1 You should study the whole module again.



Answer Key

A. Let's See What You Already Know (page 2)

1. 4 It shows respect to our national song and flag.
2. 4 It encourages love for our language.
3. 4 It reflects one's love for God.
4. 4 It encourages togetherness and cooperation among Filipinos.
5. 8 It destroys one form of respect for elders by Filipinos.
6. 4 It encourages love for Filipino music.
7. 8 Expecting something in return for a favor done is not a good trait. It shows that the help given is insincere.
8. 4 It honors the bride-to-be's parents and shows respect or gratitude for their permission to marry their daughter.
9. 8 Giving donations to a bereaved family is a very Filipino tradition that has always been practiced.
10. 8 *Pakikisama* is still practiced by Filipinos. It is especially seen among family members and friends.

B. Lesson 1

Let's Study and Analyze (pages 3–4)

1. (c) Kissing our parents' and older relatives' hands, listening and giving importance to their advice, and taking care of our parents when they grow old are all examples of **respect for elders**.
2. (h) Spending time with our family, like going to church and celebrating holidays together, reflects **close family ties**.
3. (a) The belief that God will always take care of us shows **trust in God**.
4. (f) Helping our fellow Filipinos and making ourselves available to them, especially in times of need, shows the spirit of **bayanihan**.
5. (i) Seeing things through until the end and always looking at the brighter side of things show a Filipino's **patience and optimism**.

6. (d) Returning a favor, especially help given in an hour of need, reflects the Filipino value of *utang na loob*.
7. (g) Maintaining harmonious and peaceful relationships with everyone shows *pakikisama*.
8. (b) Entertaining guests and being generous to visitors shows **hospitality**.
9. (e) The ability of Filipinos to invent, create or make things shows **resourcefulness and creativity**.
10. (j) Respecting our mothers, other female relatives and friends shows **respect for women**.

Let's Talk About This (pages 6–7)

1. The message of the song is that we should be proud of our nationality. Filipinos should not try to look and act like foreigners.
2. No, because based on the song, we have our own culture which we should be proud of.
3. The meaning of the phrase mentioned is: there are some Filipinos who try hard to look and act like foreigners, but they end up looking stupid. In other words, some Filipinos are ashamed of their own nationality.
4. The following are some possible answers:
 - ◆ flat nose
 - ◆ brown skin
 - ◆ curly or kinky hair
5. No, because I am proud of who I am.

Let's See What You have Learned (page 10)

1. I will show my **hospitality**. I will have the visitor sit on the sofa. I will offer him/her a snack and make his/her stay with my family as comfortable as possible.
2. I will show the spirit of *bayanihan*. I will help my neighbor fix the roof of his house. I will also encourage our other neighbors to help us.
3. I will show **respect for elders**. I will immediately greet them and kiss their hands.
4. I will show *utang na loob*. I will promise to pay him as soon as I can and I will express my gratitude and appreciation for what he has done.
5. I will practice **patience and optimism**. I will think of a solution. I will bear in mind that all problems can be solved and that I will be able to solve my problem in time.

C. Lesson 2

Let's Try This (pages 12–13)

1. To give honor to the Filipino flag you should stand at attention and place your right hand on the left side of your chest whenever you sing the Philippine National Anthem. If you don't do this, try to make it a regular practice.
2. jeepney, maya
3. Jose Rizal, Andres Bonifacio, del Pilar, Mabini, Quezon
4. There are many possible answers to this question. You can consult your Instructional Manager about this. One answer may be to help them in times of need. Another is to respect their opinions and beliefs.
5. It is important to know and love our culture, especially if this reinforces our desirable traits. This would also help us become better people, and people from other countries would respect us as well.

Let's See What You Have Learned (pages 13–14)

- A.
1. The “***Lupang Hinirang***” is the Philippine national anthem
 2. **Dr. Jose Rizal** is our national hero.
 3. The ***barong-Tagalog*** is the Philippine costume for men.
 4. The ***narra*** is our national tree.
 5. The ***sampaguita*** is our national flower.
- B.
1. I should stand at attention and place my right hand on my left chest. I should look at the flag and sing with sincerity.
 2. This is a sample answer. Your answer may be a bit different. You may show your answer to your Instructional Manager for additional feedback.

I need to learn more about my culture to help me become a better Filipino. I need to learn more about the desirable traits and values in a Filipino so that my country and my fellowmen can be proud of me.

D. Lesson 3

Let's Think About This (page 19)

1. Some desirable traits portrayed by the characters in the play:
 - ◆ showing respect for elders
 - ◆ hospitable to guests and visitors
 - ◆ strong faith in God

- ◆ thoughtfulness and generosity
 - ◆ love for country
 - ◆ respect for elders
2. Domeng is a true Filipino as he is proud of his nationality and the country of his birth. He is not like other Filipinos who easily forget their culture.
 3. Yes, because purchasing from duty free shops is one way of helping the country.

Let's Talk About This (page 23)

1. Some desirable traits portrayed by the characters:
 - ◆ Love for country
 - ◆ Respect for elders
 - ◆ Utang na loob
2. There are many possible answers to this question. One trait that should be reinforced is our love for country. In the age of globalization, where there is a sharing of cultures throughout the world, we tend to lose our identity. Therefore, we need to rediscover and love our culture. We can also be respectful to others or be hospitable to visitors.
3. Yes, because money loses its value over time but the sincere return of kindness and generosity is timeless and can be treasured forever. Any good deed done has no money equivalent, nor can it be repaid with material things.

Let's Try This (pages 24–26)

1. The essay is about being a true Filipino. It discusses how our national heroes showed their love for our country, which all Filipinos should emulate.
2. Based on the essay, our national heroes gave their lives because of their true love for our country. This love was shown in deeds and actions, not just in words.
3. Some possible answers are the following:
 - ◆ In times of war, love for our country can be demonstrated by voluntarily enlisting in the armed forces to defend our country or providing voluntary service as a nurse or aide in an army hospital.

- ◆ In times of peace, love for country can be shown by being nationalistic through responsible actions and patronage of our products. One can also participate in peaceful rallies such as the recent EDSA Revolution Part II.

You might have answered the question differently. Discuss your answer with your Instructional Manager or Facilitator for additional feedback.

4. Some possible answers are the following:

Teacher: teaching the students to love their country, use the national language, respect the national flag and anthem, etc.

Policeman: strict and fair implementation of the law and apprehension of violators, protecting human rights, maintaining peace and order in the community, etc.

Doctor: wholeheartedly serving the patients and helping to keep people healthy. Or, working in the Philippines rather than in other countries.

Businessman: selling Philippine-made products, encouraging Filipinos to buy local goods, and paying the right amount of tax.

You might have answered the question differently. Discuss your answer with your Instructional Manager or Facilitator for additional feedback.

5. You must try joining organizations that aim to protect the environment, make the community or country more peaceful (peace councils) or respect the rights of other citizens such as disadvantaged groups (indigenous, women, gays, etc.) This will help make you feel like you are really participating and contributing to the betterment of the country.
6. One insight that we gained is to choose qualified leaders in order to have peace throughout the country. Good and effective leaders should be honest, patient, optimistic, and should demonstrate *pakikisama* and *bayanihan*.

Let's See What You Have Learned (pages 26–27)

- A. 1. Giving *pasalubong* is a sign of a Filipino's generosity and thoughtfulness.
2. The *Panatang Makabayan* teaches us how and why one should love and be proud of our country.

3. Love for country is not proven through mere words, but through actions as well.
4. You can show your loyalty to your country by speaking your own language.
- 5.–6. A true Filipino is a Filipino in thought, word and deed.

B. Here is a sample answer. Your answer may be different from the one given below. You should discuss your answers with your Instructional Manager for additional feedback.

As an NFE A&E learner, I can show that I'm a true Filipino by studying the modules that will help me enrich my knowledge and applying the lessons and values that I will learn from them in my everyday life. In this way, my thoughts, words and actions will be guided by important lessons in Filipino values.

E. What Have You Learned? (pages 28–29)

1. 4 Filipinos are known for their close family ties. Most still prefer living with their parents and siblings even when they get older.
2. 8 Filipinos are not pessimistic, but are optimistic. They look at the brighter side of things and believe that all problems have solutions.
3. 4 A Filipino way of showing love for his country is by visiting the different places in the Philippines.
4. 4 To show respect to the Philippine National Anthem, one should stand at attention and place his/her right hand on the left side of his/her chest upon hearing it being played.
5. 4 Working hard for one's own family is a mark of a true Filipino.
6. 8 The song "*Tayo'y Mga Pinoy*" encourages a Filipino's pride in his own language, not in the languages of other countries.
7. 8 Kissing the hands of elders should still be practiced because it is one way of showing respect for elders.
8. 4 Filipinos are known for their skill and cleverness in inventing, creating and making things.
9. 4 Our national costumes are the *barong-Tagalog* for men and the *Baro't Saya* for women.
10. 8 Filipinos still make a habit of bringing home gifts or *pasalubong* for their friends and family when they return to the Philippines.



Glossary

Harmonious Marked by agreement in sentiment or action

Optimism Positive outlook in life

Pre-betrothal Ceremony or affair where the groom and his family ask permission to marry the bride

Resourcefulness Ability to devise ways and means to meet situations

Subcultures Ethnic, regional, economic or social groups exhibiting characteristics distinguished from others within the same culture or society

Trait A distinguishing quality



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